

## Phobia

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## Phobia

A specific phobia involves an intense, persistent fear of a specific object or situation that's out of proportion to the actual risk. There are many types of phobias, and it's not unusual to experience a specific phobia about more than one object or situation. Specific phobias can also occur along with other types of anxiety disorders.

## **What Is a Phobia? 3 Types, Weird, Funny, Treatment & Symptoms**

an intense, persistent, irrational fear of a specific object, activity, situation, or person that manifests in physical symptoms such as sweating, trembling, rapid heartbeat, or shortness of breath, and that motivates avoidance behavior. an aversion toward, dislike of, or disrespect for a thing, idea, person, or group.

### **Phobia Haunted Houses - 8 Haunts, 1 Killer Location ...**

The definition of a phobia is the persistent fear of a situation, activity, or thing that causes one to want to avoid it. The three types of phobias are social phobia (fear of public speaking, meeting new people or other social situations), agoraphobia (fear of being outside), and specific phobias (fear of other items or situations).

### **Phobia - Harvard Health**

A phobia is a type of anxiety disorder. It is a strong, irrational fear of something that poses little or no actual danger. There are many specific phobias. Acrophobia is a fear of heights.

## **Phobias: Causes, Types, Treatment, Symptoms & More**

We define a phobia as ‘an extreme or irrational fear of or aversion to something’.

### **Phobias: Specific Phobias Types and Symptoms**

A phobia is an irrational fear of something that’s unlikely to cause harm. The word itself comes from the Greek word phobos, which means fear or horror. Hydrophobia, for example, literally...

### **Phobias | MentalHealth.gov**

Phobias are one of the most common mental illnesses in the United States. The National Institute of Mental Health suggests that 8% of U.S. adults have some type of phobia. Women are more likely to experience phobias than men.

### **Specific phobias - Symptoms and causes - Mayo Clinic**

A phobia is a persistent, excessive, unrealistic fear of an object, person, animal, activity or situation. It is a type of anxiety disorder. A person with a phobia either tries to avoid the thing that triggers the fear, or endures it with great anxiety and

distress. Some phobias are very specific and limited.

### **Phobias: Symptoms, types, causes, and treatment**

The Three Kinds of Phobia. Hundreds of different phobias have been identified, including phobophobia or fear of phobias. But when talking about phobias, which are a kind of anxiety disorder ...

### **A to Z: List of Phobias, From the Strange to the Common**

A phobia is a type of anxiety disorder defined by a persistent and excessive fear of an object or situation. Phobias typically result in a rapid onset of fear and are present for more than six months. Those affected will go to great lengths to avoid the situation or object, to a degree greater than the actual danger posed. If the object or situation cannot be avoided, they experience ...

### **The Phobia List**

A phobia is an intense fear of a specific object or situation. Cope with your creeping terror; Healthy YOU If the fear is excessive or irrational happening as a result of threatening objects or situations, then it is called as " phobia " (1).

## **Phobia | Definition of Phobia by Merriam-Webster**

Medical Definition of phobia : an exaggerated and often disabling fear usually inexplicable to the subject and having sometimes a logical but usually an illogical or symbolic object, class of objects, or situation — compare compulsion, obsession

## **Common Phobias: Agoraphobia, Claustrophobia, and More**

A phobia is a type of anxiety disorder that causes an individual to experience extreme, irrational fear about a situation, living creature, place, or object. When a person has a phobia, they will...

## **Phobia - definition of phobia by The Free Dictionary**

The term "phobia" refers to a group of anxiety symptoms brought on by certain objects or situations. A specific phobia, formerly called a simple phobia, is a lasting and unreasonable fear caused by...

## **List of phobias - Wikipedia**

A phobia is an excessive and irrational fear reaction. If you have a phobia, you may

experience a deep sense of dread or panic when you encounter the source of your fear. The fear can be of a...

### **Phobia - Wikipedia**

The English suffixes -phobia, -phobic, -phobe (from Greek φόβος phobos, "fear") occur in technical usage in psychiatry to construct words that describe irrational, abnormal, unwarranted, persistent, or disabling fear as a mental disorder (e.g. agoraphobia), in chemistry to describe chemical aversions (e.g. hydrophobic), in biology to describe organisms that dislike certain conditions (e.g. ...

### **A Strange List Of Phobias | Lexico**

Social Phobia- Fear of being evaluated negatively in social situations. Sociophobia- Fear of society or people in general. Somniphobia- Fear of sleep. Sophophobia- Fear of learning. Soteriophobia - Fear of dependence on others. Spacephobia- Fear of outer space.

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